



TNT Cheer, LLC
All Star Prep Cheer
2019-2020
Evaluations

Welcome to TNT Cheer, LLC. We are ecstatic that you have expressed interest in the Cedar Valley's only gym dedicated to all things cheer!! TNT Cheer has both competitive All Star and All Star Prep Cheer teams in addition to non-competitive, recreational cheer teams. Our entire All Star coaching staff gets credentialed through the United States All Star Federation (USASF).

Learn to jump, stunt, dance, and tumble in a safe and fun environment. Improve team building skills, confidence, and keep fit too. All ages, girls and boys are welcome with no experience necessary. Our goal every day is to teach our athletes the values of commitment, hard work, integrity, leadership, self- confidence, positive attitude and a love for the sport. It is our goal to be the very best cheer program in the area, if not the country. Each and every family is important to us and our program. We invite you to come and see what is like to be
#3FTNTP4L!!!

TEAMS

Evaluations are held for placing athletes on the best team for them. Everyone will make a team where they will be successful. We select teams to be the most competitive in each age and level. Teams will be formed based on the athletes who attend evaluations; therefore, specific teams and their age/skill level in addition to the practice schedule will not be decided until after evaluations. Teams are formed based on BOTH age AND skill levels, giving priority to making well rounded teams that will succeed throughout the year. Skill levels for tryouts are primarily based on tumbling and stunting level, but also the coaches' knowledge of the athlete's athletic ability, maturity, and coachability. Age and Skill Levels in All Star Cheer are determined by the United States All Star Federation (USASF). An athlete may perform the skills listed during evaluations; however, this does not guarantee they will make a team of that skill level. Evaluations are based on the pool of athletes who tryout. Teams are also determined by age. Some exceptions to age may be made depending on the athlete's maturity level and the specific needs of a team; however, it is our belief that athlete's typically excel on teams that are age appropriate.

USASF Age Requirements

Mini All Star Prep: No younger than age 5 and no older than age 8 as of 8/31/19

Youth All Star Prep: No younger than age 5 and no older than age 11 as of 8/31/19

Junior All Star Prep: No younger than age 5 and no older than age 14 as of 8/31/19

Senior All Star Prep: No younger than age 10 and no older than age 18 as of 8/31/19

PRACTICE – Begins September 3, 2019 through March 1, 2020

- All Star Prep: One 2-hour team practice per week

For practice, a clean pair of cheer shoes are required. It is up to your coach's discretion as to what should be worn to each practice. In addition, it is up to each coach's discretion on the attendance policy for each team and this will be discussed further during the team placement meeting April 30th. Extra practices will be added as we approach competition season if necessary.

COMPETITIONS

Below is the 2019-2020 competition schedule. Competitions are MANDATORY for ALL athletes.

DATE	EVENT	LOCATION	TEAMS
2/15-2/16	Duel in the Dells	Wisconsin Dells,	All teams; Prep Saturday only
3/1	Iowa Showdown	Des Moines, IA	All teams

COST

At TNT Cheer, we use a “budget billing” payment system for All Star Prep that includes all monthly tuition, program tank top, team tshirt, USASF membership fee, competition fees, coaches’ fees, choreography, and music. The only items not included are one-time items that can be used for multiple seasons in addition to travel expenses and optional items.

- All Star Prep: \$125 per month, September through February
 - Will attend 2 one day competitions
 - Choreography will be in-house during two mandatory practices and one mandatory four hour weekend practice

Additional fees or “hidden” fees include:

- Shoes – ordered on your own and must have in hand by Due October 1st. Options include:
 - Chasse Highlyte Shoe - \$42 found at https://www.omnicheer.com/shop/cheerleading-shoes/chasse-cheer-shoes/chasse-highlyte-shoe_41534
 - Varsity Last Pass 3.0 Shoe - \$89 found at <https://shop.varsity.com/collections/cheerleading-shoes/products/varsity-lass-pass-3-1?variant=8113619370082>
 - Varsity Ascend Shoe - \$115 found at <https://shop.varsity.com/collections/cheerleading-shoes/products/varsity-ascend-cheer-shoe?variant=43702619335>
- Uniform - \$150 for All Star Prep – Due October 1st
- Competition bow - \$35 – Due November 1st

Optional fees include:

- Back-pack - \$115 – Due November 1st

All fees are due on or before the 1st of each month September through February for All Star Prep. You can pay online or in the TNT Cheer app by all major credit cards or in person by cash, check, money order, or all major credit cards. On the 5th of each month, any outstanding balance will be charged to your credit card that we have on file along with a \$30 late fee. If you have any questions about your account, please do not hesitate to call. Also, any returned payments will be charged a \$30 returned payment fee.

There are no refunds if you leave the program for any reason. If you begin the month, you are responsible for that month’s payment. Also, there will be no refunds made to anyone who is asked to leave the program. If there is a financial problem, please contact the office immediately. Your coach will not be able to advise you on these matters.

EVALUATIONS

We do not hold traditional “tryouts” as we have a team for EVERYONE at TNT Cheer regardless of experience or skills. For those who are interested in joining TNT Cheer’s All Star Prep Cheer program, a required one and a half hour evaluation will be held on **Sunday, August 25th from 4:00 PM to 5:30 PM** where we get to know your athlete to determine the proper team placement and ensure your athlete is on a team that offers them the most success. This is also an opportunity for you and your athlete to ensure TNT Cheer is the right fit for your family. Athletes are to wear a black sports bra/tank top/t-shirt, shorts, clean tennis shoes, have hair tied back, have all jewelry removed, and bring a water bottle. Athletes must be registered to attend evaluations at [https://app.jackrabbitclass.com/regv2.asp?id=520212&hc=&initEmpty=&hdrColor=&WL=0&preLoadClassID=10141787&loc=.](https://app.jackrabbitclass.com/regv2.asp?id=520212&hc=&initEmpty=&hdrColor=&WL=0&preLoadClassID=10141787&loc=)

- All Star Prep Team Placement will be announced via email on Monday, August 26th
- A Mandatory Parent and Athlete Meeting will be held on Tuesday, August 27th at 7:00 PM to go over team placement, the 2019-2020 TNT Cheer All Star Prep Handbook, in addition this being your opportunity to commit to the 2019-2020 TNT Cheer All Star Prep program

ALL FEES FROM PRIOR SEASON MUST BE PAID IN FULL BEFORE YOUR CHILD WILL BE ALLOWED TO PARTICIPATE IN THE UPCOMING SEASON.

CONTACT US NOW BY EMAIL AT INFO@TNTCHEER.ORG OR BY PHONE AT 319-234-1147 WITH ANY QUESTIONS AND BE SURE TO RESERVE YOUR SPOT IN THE REQUIRED ALL STAR CHEER EVALUATIONS AT [TNT Cheer ALL STAR PREP REGISTRATION](#).

TNT Cheer, LLC maintains the right to refuse services at ANY time.

Any Questions may be addressed to:

TNT Cheer, LLC

info@tntcheer.org

(319) 234-1147

www.tntcheer.com

6023 Chancellor Dr, Cedar Falls, IA 50613

Athlete Availability

Name: _____

Age as of August 31, 2019: _____

Birthday: _____

Grade 2019-2020: _____

Possible conflicts:

Please list below when you can NOT practice for the FALL/WINTER 2019-2020 season (possible practice times will be Monday-Friday 4:30 PM-9:30 PM, Saturday 9:00 AM-1:00 PM, and Sunday 1:00 PM-9:30 PM; please list only conflicts with these times between September and March. DO ALSO include vacations!). Reasons that are acceptable are school activities, religious activities, etc., NOT personal preference. Please remember that you are committing to a competitive sport and that the more flexible you are, the better your schedule will be. We are working with OVER 75 schedules in our entire All Star program. It is possible we may not be able to make all schedules work at which time an athlete may have to choose between commitments.

FALL/WINTER CONFLICTS:

Please read and mark carefully:

I only want to be considered for the following team(s) (for example, some younger athletes may only want to be considered for a Mini or Youth team, etc.):

I would like to be considered as a crossover which would allow me to be on two teams where the second team is reduced in cost.

I would like to be considered as an alternate at no additional cost which requires attendance at all team practices just as a member of the team with no guarantees of actually competing with the team. As an alternate, you are at practice to learn the entire routine and be able to fill in at practices and possibly competitions in the event an athlete is absent.

I (parent) would like to be considered as a team representative where I will help to coordinate team bonding activities, team gifts, parent meetings, team communication, showcase, end of season celebration, etc. in conjunction with the coaches.

Please complete and return on August 25, 2019.

Athlete Previous Experience

Check ALL tumbling skills you throw ON THE FLOOR & WITHOUT A SPOT		
STANDING	Standing SERIES TUMBLING	RUNNING
<input type="checkbox"/> None or Back Walkover <input type="checkbox"/> Back Handspring <input type="checkbox"/> Standing Tuck <input type="checkbox"/> Jump Tuck <input type="checkbox"/> Standing Full	<input type="checkbox"/> Multiple Back Handsprings <input type="checkbox"/> Two BHS to tuck <input type="checkbox"/> Back Handspring Tuck <input type="checkbox"/> Two BHS to Layout <input type="checkbox"/> Back Handspring Layout <input type="checkbox"/> Two BHS to Full <input type="checkbox"/> Back Handspring Full	<input type="checkbox"/> None or Round-Off <input type="checkbox"/> Back handspring <input type="checkbox"/> Back tuck <input type="checkbox"/> Layout <input type="checkbox"/> Full <input type="checkbox"/> Double full
List any Specialty Skills: 		

Cheer Experience	Stunt position
1. Where (Age and Level)	<input type="checkbox"/> None <input type="checkbox"/> Fly <input type="checkbox"/> Base <input type="checkbox"/> Backspot
2. Where (Age and Level)	<input type="checkbox"/> None <input type="checkbox"/> Fly <input type="checkbox"/> Base <input type="checkbox"/> Backspot

Check your most advanced STUNTING skill level

- Level 1 (No experience or level 1 stunts, preps)
 Level 2 (Ex. Preps, Extensions, Straight Cradle dismounts and baskets tosses)
 Level 3 (Ex. Extended one-legged stunts, Full twisting two-legged dismounts, single trick basket tosses)
 Level 4 (Ex. Extended one-legged stunts, Double twisting two-legged dismounts, kick-full basket tosses)
 Level 5 (Ex. Double twisting one-legged dismounts, Double twisting basket tosses, full-ups)

Please complete skills section only if new to TNT Cheer All Star teams and return on August 25, 2019.